



Neurodivergent

Group Therapy

This **free virtual** support group is designed to address the grief associated with receiving a late diagnosis of neurodivergence, missed milestones, and other experiences that may leave individuals feeling left behind.

Together, we will explore the grief process, develop coping strategies, build skills, and create a supportive space to share experiences.

HOSTED BY:



Kiersten Schneider
Intern Clinician



Chloe Steinkamp
Intern Clinician

FREE TO JOIN!



THURSDAYS
5pm - 6:30pm

CALL OR EMAIL TO JOIN!



(425) 582-2041



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